

Lip Tattoo After Care

Day 1 (Day of the Procedure)

It is very important to remove the lymph fluid from the surface of the skin in order to avoid heavy scabbing. Before bed, if the lips still have some dry lymph, rinse with lukewarm water, gently removing the dry lymph, pat dry and apply Aquaphor Healing Ointment. Sometimes the lips can bruise even after the procedure. Bruising will subside within 24 hours post procedure.

Day 2 - 7

The lips may be swollen the second day as well. Please do not ice the lips. Keep the skin moist at all times, do not let the lips dry out. Continue to apply ointment every 30 minutes throughout the day. Again, do NOT let the lips dry out.

During Day 1 to Day 7 (or until the scabs are gone)

Please Avoid:

Water (on the PMU area) aside from cleaning them
Makeup
Excessive sweating
Sauna
Pools
Sunbathing
Spicy food
Kissing

DO **NOT** pick the dry lips.

Do not apply anything besides Aquaphor ointment (no Vaseline, antibiotic creams, Polysporin etc). Following the procedure, do not use creams that contain acids or ingredients that will lighten or exfoliate the skin. Touchups (if needed) can be done no sooner than 8 weeks after the original appointment.

Aquaphor

Aquaphor Healing Ointment is uniquely formulated to restore smooth, healthy skin. Different from a lotion or cream, this multi-purpose ointment protects and soothes extremely dry skin, chapped lips, cracked hands and feet, minor cuts and burns, and many other skin irritations, so you can get on with your day comfortably. Please see benefits below:

- #1 Dermatologist recommended for dry, cracked skin, chapped lips, cracked cuticles and dry feet and heels
- Clinically proven to restore smooth, healthy skin
- Uniquely formulated with 41% Petrolatum to allow oxygen to flow and help heal the skin
- Skin protectant ointment with Panthenol and Glycerin to moisturize, nourish and protect the skin to enhance healing
- Protects and helps relieve chapped, dry, cracked or irritated skin and lips
- Protects and soothes minor cuts, scrapes and burns
- Protects skin from drying effects of wind and cold weather
- Preservative and fragrance free